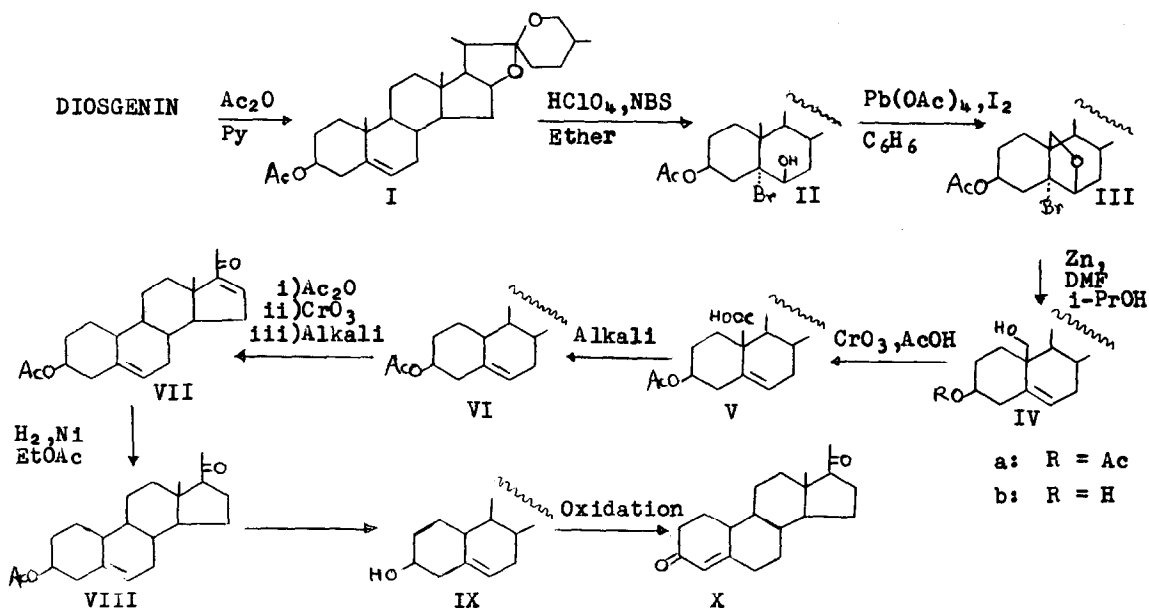


STEROIDS.II¹ SYNTHESIS OF 19-NORPROGESTERONE via 19-NORDIOSGENIN AND SYNTHESIS OF A-AROMATIC DIOSGENIN

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19-Norprogesterone and 19-nortestosterone are normally prepared from the corresponding pregnane and androstane derivatives involving functionalisation and subsequent degradation of the 19-methyl group. In connection with our studies in the preparation of 19-norsteroids, it was of interest to investigate whether a change in the sequel introduced by carrying out the sensitive reactions with less expensive primary intermediate - diosgenin, at an earlier stage, would result into higher yields. This approach also has an additional interest, in that the 19-hydroxydiosgenin-3-acetate (IVa) would conveniently be converted into A-aromatic diosgenin(XIII), which forms a key intermediate in the synthesis of estrone². Expectedly in both the cases the yields, as obtained in the initial experiments without any attempts

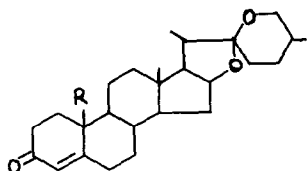


to optimize the yields, were much higher. The over-all yields of 19-norprogesterone from diosgenin were about 30% as against 21% by the conventional procedure; and that of A-aromatic diosgenin were about 25% as against 3.5% by the process reported in the literature.

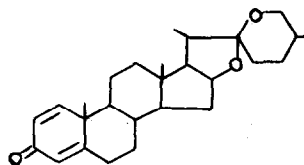
Diosgenin was acetylated with acetic anhydride and pyridine to diosgenin acetate(I), m.p.198°. This on treatment with N-bromosuccinimide and dilute perchloric acid in ether gave 5 α -bromo-6 β -hydroxytigogenin-3-acetate(II), m.p.³ 220°-221°, (acetone), in 98% yield. The bromohydrin (II) on treatment with lead tetraacetate in the presence of iodine and CaCO₃ in refluxing benzene⁴ gave 5 α -bromo-6 β ,19-oxidotigogenin-3-acetate(III) in 80% yield m.p.215°, (MeOH), $\nu_{\max}^{\text{nujol}}$ 1750, 1235 cm⁻¹; NMR in CDCl₃ showed absence of 19-CH₃ peak at δ 1.03 and also the absence of C-6 vinyl proton at δ 5.34. The solution of (III) in the mixture of dimethyl formamide and isopropyl alcohol (1:1) was reduced with activated zinc to yield 19-hydroxy-diosgenin-3-acetate (IVa) in 90% yield; m.p.242°, (EtOH-CH₂Cl₂), $\nu_{\max}^{\text{nujol}}$ 3500,1740,1247 cm⁻¹; NMR in CDCl₃ showed the absence of 19-CH₃ peak at δ 1.03 and the presence of C-6 vinyl proton at δ 5.34. The 19-hydroxy compound (IVa) on oxidation with chromium trioxide in acetic acid at ambient temperature gave 19-carboxylic acid(V). The 19-carboxylic acid (V) when dissolved in methylene chloride and stirred with 5% potassium hydroxide solution gave 19-nor- Δ^5 -diosgenin-3-acetate (VI) in 78% yield; m.p.204°, (MeOH-CH₂Cl₂), $\nu_{\max}^{\text{nujol}}$ 1722, 1235 cm⁻¹. This structure was assigned from the NMR spectrum which showed a triplet at δ 5.35 which is possible only for $\Delta^{5(6)}$ -structure. Although both on mechanistic and thermodynamic grounds the decarboxylation of (V) was expected to give $\Delta^{5(10)}$ compound and in fact this has been reported in other cases⁴, in our case the decarboxylated compound was 19-nor- Δ^5 -diosgenin-3-acetate. The reason for this anomalous result is under investigation. The 19-nor compound (VI) on acetolysis, oxidation and treatment with alkali⁵ gave 19-nor- $\Delta^{5,16}$ - pregnadiene-3-acetate (VII) in 65% yield, m.p.176°, (MeOH), $\nu_{\max}^{\text{nujol}}$ 1730,1710,1240 cm⁻¹. The catalytic hydrogenation of (VII) using Raney Nickel in ethyl acetate afforded 19-nor- Δ^5 -pregnene-3-acetate(VIII) in quantitative yield; m.p.144°, (MeOH-THF), $\nu_{\max}^{\text{nujol}}$ 1725, 1710,1250 cm⁻¹. The compound (VIII) was hydrolysed in alcohol containing 3% concentrated sulphuric acid to 19-nor- Δ^5 -pregnene-3 β -ol (IX); m.p.174°, (EtOH). The 3-hydroxy compound (IX) when subjected to the Oppenauer

oxidation gave 19-norprogesterone (X) in 80% yield; m.p.142° (lit.m.p.142-144°),⁶
(MeOH), $\nu_{\max}^{\text{nujol}}$ 1706, 1674 cm^{-1} .

The 19-hydroxydiosgenin-3-acetate(IVa) was hydrolysed in alcohol containing
3% conc. sulphuric acid to give corresponding diol (IVb), m.p.186° (MeOH-CH₂Cl₂),
 $\nu_{\max}^{\text{nujol}}$ 3400, 3350 cm^{-1} . The diol (IVb), when subjected to Oppenauer oxidation
gave 19-hydroxy- Δ^4 -tigogenin-3-one (XIa), m.p.194°, (MeOH), $\nu_{\max}^{\text{nujol}}$ 3500, 1650 cm^{-1} .

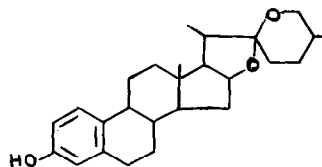


XI



XII

- a: R = CH₂OH
b: R = COOH
c: R = H
d: R = OAc
e: R = CH₃



XIII

The oxidation of (XIa) by Jone's Reagent in acetone gave 19-carboxy- Δ^4 -
tigogenin-3-one (XIb), which on treatment with 5% aqueous potassium hydroxide
solution was subsequently converted to 19-nor- Δ^4 -tigogenin-3-one (XIc); m.p.
194°, (MeOH), $\nu_{\max}^{\text{nujol}}$ 1650 cm^{-1} . On refluxing (XIa), in benzene with lead tetra-
acetate^{7,8}, 10-acetoxy- Δ^4 -tigogenin-3-one (XIId), was obtained in 78% yield; m.p.
176°, (EtOH), ν_{\max}^{EtOH} at 242 μ ($\epsilon=15,000$). This on treatment with p-toluenesul-
phonic acid in benzene gave the required 19-nor- $\Delta^{1,3,5(10)}$ -tigogenin-3-ol(XIII) in
50% yield; m.p. 245°, (ether), (lit. m.p.245°)⁸, $\lambda_{\max}^{\text{EtOH}}$ at 280 μ ($\epsilon=2512$).

Alternatively, (XIII) was synthesised as follows; Δ^4 -tigogenin-3-one (XIe) was converted into $\Delta^{1,4}$ -tigogenin-3-one (XII); m.p.194°, ¹⁰ (acetone). The dienone on treatment with biphenyl lithium in tetrahydrofuran¹¹ gave the required (XIII) in 30% yield m.p.245°, (ether), which was identical with the previously obtained product. Since this compound has already been converted into estrone by degradation of spiroketal rings^{2,9}, this process constitutes an alternative method for the synthesis of estrone.

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